

Lurking in the Stroma

Sina Rashidi Kikanloo MD¹; Richard Eiferman MD¹

Departments of Ophthalmology and Visual Sciences¹
University of Louisville School of Medicine

Introduction

- Corneal foreign bodies are the second most common form of ocular trauma
- Management of foreign bodies categorized as (1) Removal
 - (2) Prevention of Infection
 - (3) Pain Management
- Delayed removed increases risk of clinical endophthalmitis
- 1991 Gulf War, data from one army field hospital showed 14% of the injuries seen were due to ocular trauma. Of these, 17% were corneal foreign bodies, and only 3% of the injured patients were wearing their provided protective goggles.
- 7-48% of retained intraocular foreign bodies with risk of Endophthalmitis
 - Increased risk for organic material, delayed removal, and posterior segment penetration
- Removal of a retained intraocular foreign body within 24 hours of injury markedly reduces the risk of infectious endophthalmitis developing.

Our Patient

- 59 year old male with no significant medical history presents after direct trauma of steel brush to the eye 1 week prior
- Seen at outside facility where "corneal foreign body was removed." Discharged without topical or oral antibiotics, only medication was tetracaine
- Progressively worsening vision, foreign body sensation
- Extreme Photophobia, covering eye with gauze and towel
- Constant mucopurulent discharge
- Presentation:
 - VA: 20/20, Hand Motion; IOP: 14/37,40, Non-reactive left pupil, + rAPD by reverse
 - Right Eye: Within normal limits, 1+Nuclear Sclerosis, AC deep and Quiet. Dilated Examination within normal limits
 - Diffuse corneal edema, mucopurulent discharge, 4mm
 Hypopyon
- Intravitreal Ceftazidime and Vancomycin
- Stromal Foreign body, not believed to be penetrating the endothelium at time of examination
- Removal at slit lamp with 20G to burrow around steel brushhead evacuate manually
- After management, now concern that IOFB penetration to anterior chamber

Results



Figure 1: Image taken at bedside once patient on IV pain medications



Figure 2: CT Scan taken after transfer to the Emergency Room when there was concern for a retained IOFB in the clinic

CT Scan Orbits with contrast:

- 1. Curvilinear 5-mm metallic foreign body within the anterior chamber and lens of the left eye.
- 2. Hyperenhancement of the left conjunctiva and left lacrimal gland with surrounding periorbital edema consistent with infection/inflammation

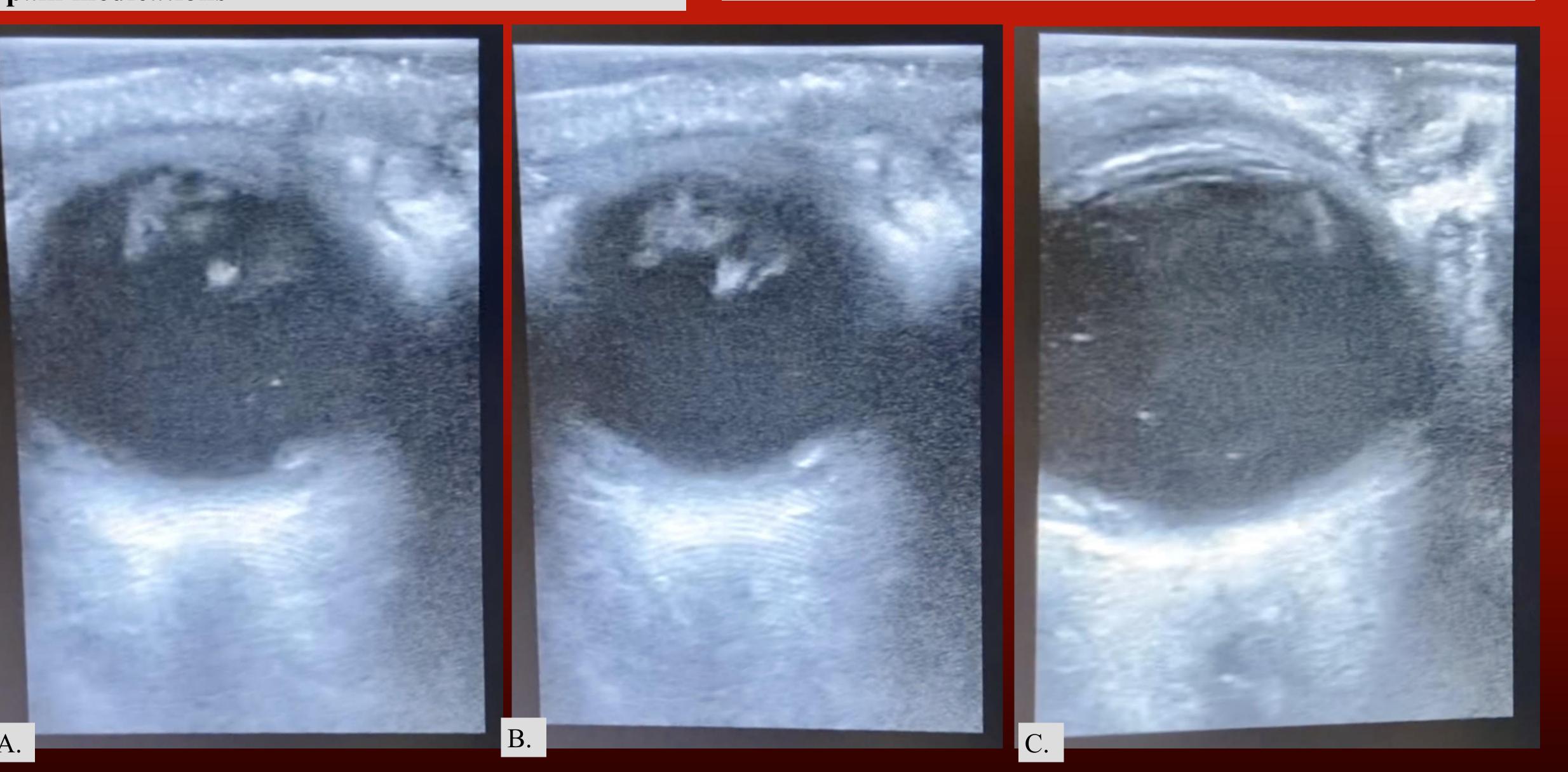


Figure 3: B-Scan Imaging at time of examination [A and B] with signs of vitreitis and presumed endophthalmitis, prior to Vitreous Paracentesis and Intraocular Antibiotics. [C] with continue vitreitis, shadow of steel fiber seen on Ultrasound imaging

Outcomes

- Vitreous Paracentesis Cultures NEGATIVE for aerobic, anaerobic, and fungal organisms
- Corneal cultures POSITIVE for Proteus Mirabilis
- Multiple subconjunctival injection of gentamycin in the clinic
- Improved endophthalmitis after vitrectomy
- Corneal Ulceration with necrotizing keratitis, requiring penetrating keratoplasty
- Visual acuity continues to be limited, hand motion vision
- Most recent visit: Visual Acuity Hand motion, IOP 17, necrotizing keratitis with clear mucoid discharge. Pain improved.
- On Trimethoprim/polymyxin and Moxifloxacin alternating every two hours while awake.
- Prednisolone Forte q4h added to help with corneal inflammation

 Doin are attributions and viewed activity was activity.
- Pain greatly improved, visual acuity unresolved
- OTS score of 43
 - Likely visual outcome NLP to HM

Conclusion

- The importance of early removal of intraocular foreign bodies is important in the visual prognosis and clinical management of the patient
- CT-Scans at presentation crucial for ensuring that corneal foreign bodies not retain beyond superficial layer for removal
- Early antibiotic therapy necessary in corneal foreign bodies
- If patient's seen in Emergency Department without Ophthalmologist on call, patient should be evaluated by Ophthalmologist within 24 hours
- Management of expectations

Sources and Acknowledgments

- Keil JM, Zhao PY, Durrani AF, Azzouz L, Huvard MJ, Dedania VS, Zacks DN. Endophthalmitis, Visual Outcomes, and Management Strategies in Eyes with Intraocular Foreign Bodies. Clin Ophthalmol. 2022;16:1401-1411. https://doi.org/10.2147/OPTH.S358064
- Gupta A, Tripathy K. Intraocular Foreign Body. [Updated 2022 Feb 21]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2022 Jan-. Available from: https://www.ncbi.nlm.nih.gov/books/NBK576415/
- Chaudhry, Imtiaz A et al. "Incidence and visual outcome of endophthalmitis associated with intraocular foreign bodies." Graefe's archive for clinical and experimental ophthalmology = Albrecht von Graefes Archiv fur klinische und experimentelle Ophthalmologie vol. 246,2 (2008): 181-6. doi:10.1007/s00417-007-0586-5
- Jung, Hyun Chul et al. "Intraocular Foreign Body: Diagnostic Protocols and Treatment Strategies in Ocular Trauma Patients." Journal of clinical medicine vol. 10,9 1861. 25 Apr. 2021, doi:10.3390/jcm10091861
- Fang Duan, Zhaohui Yuan, Jingyu Liao, Yongxin Zheng, Yao Yang, Xiaofeng Lin, "Incidence and Risk Factors of Intraocular Foreign Body-Related Endophthalmitis in Southern China", *Journal of Ophthalmology*, vol. 2018, Article ID 8959108, 5 pages, 2018. https://doi.org/10.1155/2018/8959108
- https://eyewiki.aao.org/Intraocular Foreign Bodies (IOFB)
- Kuhn F, Maisiak R, Mann L, Mester V, Morris R, Witherspoon C (2002) The Ocular Trauma Score (OTS). Ophthalmol Clin North Am 15: 163–166